



1. **When you are out and about there are a few things that you need to do before you travel**

- Plan your journey
- Check the time of Metro and buses
- Take enough money
- Tell someone where you are going
- Take your mobile phone
- Plan your return journey

You can call

0191 20 20 747

to ask for the bus or Metro you need, where you can catch it and at what time

2. **It always helps to plan ahead before you travel**

Knowing which bus or Metro you are getting and the time it arrives at your destination will give you added confidence when you travel.

To help you plan your journey you can go to:
nexus.org.uk

Look for the JOURNEY PLANNER.

This helps you find the right bus or Metro.

Or try our interactive map at:

Nexus.org.uk/myJourney

This shows you all the bus and Metro services from your nearest stop or station.

Or you can call

0191 20 20 747

to ask for the bus or Metro you need, where you can catch it and at what time



3. **Need to know what bus or Metro to catch –**

then you need to call 0191 20 20 747 to ask for the bus or Metro you need, where you can catch it and at what time.

All bus stops have their own timetable printed out and on display.

The timetable shows all the places the buses are going to/from the bus stop. It also shows the time when the bus will leave from that bus stop.

Metro stations have them printed and on display at every station too.

If you want a timetable that you can keep with you – then pop into any Nexus TravelShop and the staff will help with the information you need.

List all TravelShops

4. **When travelling anywhere in Tyne and Wear you will need a ticket or pass**

Buses - You can buy a ticket from the driver when you board the bus. If you have an Under 16 Pop Card show it to the driver so you are entitled to buy a concessionary child fare. It's ok if you don't have the right money because the driver can give change.

Metro - Buy your ticket from the machine before you get on a Metro. If you have an Under 16 Pop Card this will allow you to buy a concessionary child fare.

Once you have bought your ticket you can catch the bus or Metro to take you where you want to go.



An Under 16 Child All day ticket (U16CAT) gives you unlimited daily travel on Metro, Bus, Ferry and Rail within Tyne and Wear.

You can also pay for your journey in other ways ...

For instance, if you are under 16 you can use the Under 16 Pop Card.

All the information you'll need to get to and from school, university or college plus information on how you can save money on fares is available from:

Nexus.org.uk/myJourney

Phone Nexus Customer Services on 0191 20 20 747 to ask for the right service and bus or Metro times.

5. **When you need that extra help**

When you need that extra help while you are travelling on Bus or Metro you could carry a Bridge Card.

When you show the card to any Bus or Metro staff they will know you need extra help during your journey.

You can get a Bridge Card from any Nexus TravelShop.

If you carry a Bridge Card and show it to staff on buses and Metro or at Nexus Travel Shops they know that you might need extra help on your journey.



6. **There are some things you can do to help keep you extra safe when you're out and about**

- If you can, travel with a friend
- Keep keys and money safe in your pockets
- If you have a bus pass, Pop Card or other identity card keep it in a safe place
- Always tell someone where you are going

If you feel unsafe on your journey because of the behaviour of other pupils, other passengers or staff when you're on a school bus service, tell a teacher; if you're on Metro or a non school bus service, tell an appropriate adult.

Report crimes and anti-social behaviour to your parents, a teacher, any Nexus staff, or use the Help Point if you're at a Metro station.

7. **Aged 16-18 or attending further education**

If you're aged 16-18 or attending 6th form or a college student

There are options available if you are under 18 and travelling on Metro.

You can get in touch with Nexus for...

- Journey planning advice
- To request helpful leaflets and timetables
- Information about public transport travel and advice

If you are a parent or teacher you can contact Nexus:

nexus.org.uk

0191 20 20 747